Trail Facts:

**Patrell Preserve**
- The 1.05 mile red trail begins in the meadow going around the entire Patrell parcel with its Ice-Age geologic features including eskers and kettle ponds.*
- The .16 mile yellow trail winds down an esker, through the woods ending at Baker Lane.
- A .1 mile section of the blue trail connects across Baker Lane to the Pizzini blue trail.
- There is an ADA compliant path leading from the parking lot to the foot bridge over the Eightmile River.

*An **ESKER** is a long, narrow ridge of stratified sand, gravel and boulders deposited by a stream flowing within or beneath a stagnant glacier.

*A **KETTLE POND** is a glacial-formed depression. As the glacier receded, massive chunks of ice fell that melted and sank into the earth. The resulting “puddle” is a kettle pond.

Directions:

**To Pizzini or Patrell**
- From the junction of Routes 82 and 156, turn onto Route 156.
- Follow Route 156 about 1/2 mile.
- Turn left onto Baker Lane.
- The entrance to the parking area is about 1/3 of a mile on the left.

**To Boot Rock**
- Follow Route 82 east past the junction with Route 156.
- Just past the right turn onto Route 156, look for a sign on your right for Chapal Farm/Boot Rock.
- Parking is on the grass area in front of the sign.

Permitted Activities:
- Hiking
- Nature study
- Birding
- Snowshoeing
- Cross-country skiing
- Mountain biking
- Horseback riding
- Hunting by permit (Pizzini & Boot Rock only)

No motorized vehicles are allowed on the property except motorized wheel chairs on the paved section.

**Pizzini Reserve**
- The .17 mile blue trail goes up a moderate slope.
- The .42 mile white trail travels up hill and then levels off through some wetland and forested areas. It extends beyond the Pizzini boundary into the Eightmile Wildlife Management area as part of the Goodwin Trail.

**Boot Rock Preserve**
- The .27 mile purple trail ends at the Eightmile River.
- The .3 mile orange trail travels along the west bank of the Eightmile River, then through a laurel stand, looping back to the purple trail.

The beautiful 109-acre Chapal Farm consists of three properties that once belonged to the farm. The Nature Conservancy, Towns of East Haddam and Lyme, Lyme Land Conservation Trust (LLCT), East Haddam Land Trust (EHLT) and the State of Connecticut jointly purchased the Patrell Preserve which is managed by the East Haddam Conservation Commission and the LLCT. The Pizzini Reserve and Boot Rock Preserve were purchased from a niece of the Pizzini family. Boot Rock was the Pizzini name for this area because of the sole-shaped rock along the River, just north of the footbridge.

Patrell and Boot Rock have a number of glacial features, such as kettles, eskers, and vernal pools. The stone fences attest to the agrarian past. There is also good fishing on the Eightmile River here. As indicated on the map of the property, some of the trails are part of the Richard H. Goodwin Trail which travels through multiple towns and was named after one of the founders of The Nature Conservancy.

**Report any problems during your visit to the East Haddam Land Use Office. 860 873-5031**
Managed by East Haddam Conservation Commission & Lyme Land Conservation Trust