Trail Facts:
◊ The red trail is a 2.1 mile long loop to and from the parking lot.
◊ The trail winds down a 200 foot drop in elevation to and from the parking lot.
◊ Some of the grades on the east end of the trail are steep.
◊ The trail is split by seasonal streams running primarily to the east into Hedge Brook.
◊ The east end of the property would have been used for grazing farm animals, most likely sheep.
◊ The blue trail is .65 miles long and grades downhill from the parking lot.
◊ The white trail is .05 miles long and connects the red and blue trails.

Permitted Activities:
❖ Hiking
❖ Nature study
❖ Snowshoeing
❖ Mountain biking
❖ Birding

No motorized vehicles are allowed on the property.

Directions:

OPTION 1
• From Route 82, take Clark Hill Road to the junction of Tater Hill Road.
• Take a right onto Tater Hill and the next left (gravel road) onto Babcock Road.
• Go to the end and the parking lot is on the left.

OPTION 2
• From the Millington Green, take Tater Hill Road to the junction of Clark Hill Road.
• Bear left onto Tater Hill.
• Take the first left onto Babcock Road.
• Go to the end and the parking lot is on the left.

The 207 acre Lena Reserve was purchased by the Town of East Haddam with financial assistance from the State of Connecticut and the East Haddam Land Trust. This former farm land, identified by its many stone walls and several fields, was logged prior to the Town acquiring it. This has allowed much of the area to be opened up, providing a mixed habitat for many species of birds and mammals. Unfortunately, the additional sunlight has also encouraged many Invasive plant species to grow with abandon. Working with various conservation partners, The East Haddam Conservation Commission hopes to control the invasives and encourage our native plants.

Report any problems during your visit to the East Haddam Land Use Office. 860 873-5031
Managed by East Haddam Conservation Commission